

## Zehra GÜLSÜNOĞLU KONUŞKAN

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#### **EDUCATION**

# **Istanbul Technical University, Food Engineering Department, Istanbul, Turkey PhD in Food Engineering**

2013-2019

- Advisor: Prof. Dr. Meral Kilic Akyilmaz
- Co-advisor: Assoc. Prof. Dr. Funda Karbancioglu Guler
- Dissertation: Valorization of industrial food wastes by production of phenolic antioxidants via fermentation with newly isolated *Aspergillus* spp.

# University of Saskatchewan, Dept. of Food and Bioproduct Sciences, Saskatoon, Canada Visiting scientist

- Promoter: Assoc. Prof. Dr. Takuji Tanaka
- Research subject: Deoxynivalenol (DON) accumulation in Black Soldier Fly Larvae (*Hermetia illucens*) feeding with wheat grain infested by *Fusarium* spp.

## **Ghent University, Lab of Food Microbiology and Biotechnology,** Kortrijk, Belgium **2015-2016 Visiting scientist**

- Promoter: Prof. Dr. Katleen Raes
- Research subject: Screening of molds to produce hydrolytic enzymes and optimization of fermentation parameters

## **Istanbul Technical University, Food Engineering Department, Istanbul, Turkey M.Sc. in Food Engineering**

- Advisor: Prof. Dr. Necla Aran
- Co-advisor: Assoc. Prof. Dr. Fatma Nese Kok
- Dissertation: The effect of coacervation technique on the viability of model microorganisms

## **Ankara University, Food Engineering Department,** Ankara, Turkey **B.Sc. in Food Engineering**

2005-2010

- Advisor: Prof. Dr. Sedat Velioglu
- Graduation Project: High viscosity gum production using different combinations

#### WORK EXPERIENCE IN UNIVERSITY

**Istanbul Aydın University Nutrition and Dietetics Department** Istanbul, Turkey <u>October 2020-present</u> **Asst. Prof. Dr.** 

Okan University Food Engineering Department, Istanbul, Turkey Adjunct Professor

Jan 2020-May 2020

**Istanbul Sabahattin Zaim University Food Engineering Department,** Istanbul, Turkey <u>Jan-May 2020</u> <u>Adjunct Professor</u>

**Istanbul Technical University Food Engineering Department, Istanbul, Turkey Jan 2013- Sept 2019 Research and Teaching Assistant** 

### **GIVING COURSES**

#### **Undergraduate**

Food Processing and Preservation (Turkish)

Food Chemistry (Turkish)

Food Technology (Turkish)

Food Additives (Turkish)

Food Biotechnology (Turkish)

Food Quality Control (English)

Food Microbiology (English)

Dairy Technology (English)

#### Graduated

Food Toxicology (Turkish)

### MASTER'S PROMOTING ACTIVITY

From 2020 to 2022, 2 master students got the master's degree under my supervision at Istanbul Aydin University and I am presently the promoter of other 4 master's students. Two of them are working about the investigating antioxidant activity of *Tenebrio molitor* larvae fed with apple and pomegranate peel. Two of them are performed their master study about development of functional gluten-free bakery products.

#### **PROJECTS**

- Development of gluten-free functional new products enriched with fruit-vegetable wastes, Guided Scientific Research Project supported by Istanbul Aydin University (Project manager, 2021-Continuing)
- Utilization of food wastes for production of antioxidants by molds, Scientific research project supported by Istanbul Technical University (BAP), (Researcher, 2015-2019).
- The effect of coacervation technique on the viability of model microorganisms, Scientific research project supported by Istanbul Technical University (BAP), (Researcher, 2012-2013).

### **PUBLICATIONS**

#### • Peer-reviewed journal articles:

<u>Gulsunoglu-Konuskan</u>, <u>Z.</u>, & Kilic-Akyilmaz, M. (2022). Microbial Bioconversion of Phenolic Compounds in Agro-industrial Wastes: A Review of Mechanisms and Effective Factors. *Journal of Agricultural and Food Chemistry*.

Quispe, C., Herrera-Bravo, J., Javed, Z., Khan, K., Raza, S., <u>Gulsunoglu-Konuskan, Z.,</u> ... & Calina, D. (2022). Therapeutic applications of curcumin in diabetes: a review and perspective. *BioMed Research International*, 2022.

Karimidastjerd A. & <u>Gulsunoglu-Konuskan, Z.</u> (2021). Biological, functional and nutritional properties of caseinomacropeptide from sweet whey. *Critical Reviews in Food Science and Nutrition*, 1-13.

<u>Gulsunoglu-Konuskan Z</u>, Karbancioglu-Guler F. & Kilic-Akyilmaz M. (2021). Development of A Bioprocess for Production of Ellagic Acid from Chestnut (*Castanea sativa* mill.) Waste by Fermentation with *Aspergillus* spp. *Food Bioscience*, 42: 101058.

Yagdi S. D., <u>Gulsunoglu-Konuskan Z.</u> (2021). Glutensiz Ürünlerde Kullanılan Alternatif Protein Kaynakları. *European Journal of Science and Technology* (32), 32-39., Doi:10.31590/ejosat.1045522

<u>Gulsunoglu Z.</u>, Purves, R., Karbancioglu-Guler F., Kilic-Akyilmaz M. (2020) Enhancement of phenolic antioxidants in industrial apple waste by fermentation with *Aspergillus* spp. *Biocatalysis and Agricultural Biotechnology*, 25: 101562.

<u>Gulsunoglu Z.</u>, Aravind S., Bai Y., Wang L., Kutcher H.R., Tanaka T. (2019) Deoxynivalenol (DON) accumulation in Black Soldier Fly Larvae (*Hermetia illucens*) feeding with wheat grain infested by *Fusarium* spp. *Fermentation*, 5(83), 2-10.

<u>Gulsunoglu Z</u>, Karbancioglu-Guler F, Raes K, Kilic-Akyilmaz M. (2019) Soluble and insoluble-bound phenolics and antioxidant activity of various industrial plant wastes. *International Journal of Food Properties* 22 (1): 1501-1510.

<u>Gulsunoglu Z.</u>, Karbancioglu-Guler F, Kilic-Akyilmaz M, Raes K. (2019). Production of multiple hydrolytic enzymes by black *Aspergilli* isolated from date and grape. *Journal of Agricultural Sciences*, 25 (4), 459-466.

Atil O., <u>Gulsunoglu Z.</u>, Kilic-Akyilmaz M. (2019). Stability of palace halva in relation to storage temperature and relative humidity. *Gida*, 44 (2), 260-273. https://dx.doi.org/10.15237/gida.GD18050

Dikmetas D., Konusur G., Mutlu-Ingok A., <u>Gulsunoglu Z</u>., Karbancioglu-Guler F. (2019). Antimicrobial and antioxidant properties of hydrosol/essential oils obtained from orange (*Citrus sinensis*) peels. *Düzce University Journal of Science and Technology*, 7 (1), 274-283.

Kilic-Akyilmaz M., Kocaman E., <u>Gulsunoglu Z</u>., Sagdic C., Mavazekhan S. M. (2018). Changes in physicochemical properties and gelation behavior of caseinomacropeptide isolate by treatment with transglutaminase. *International Dairy Journal*, 84: 85-91. https://doi.org/10.1016/j.idairyj.2018.04.005

Erguney E., <u>Gulsunoglu Z</u>., Firatligil-Durmus E. and Kilic-Akyilmaz M. (2015). Improvement of physical properties of cherry laurel powder. *Academic Food Journal* 13(2): 108-114.

#### • Book chapters:

<u>Gulsunoglu-Konuskan Z</u>, Tacer-Caba Z & Kilic-Akyilmaz M. (2021). Innovative Approaches in High Pressure Processing for Extraction of Antioxidants from Grains. In: *Non-Thermal Processing Technologies for The Grain Industry* (Ed. M. Selvamuthukumaran), CRC Press. ISBN:978-036-7608-57-6.

Karimidastjerd A. & <u>Gulsunoglu-Konuskan</u>, <u>Z.</u> (2021). Health Benefits of Plant-Based Milks as Alternatives to Conventional Milk. In: *Health and Science-2021*, (Ed. Huseyin Erdal) (1st ed., pp. 293-310), Efe Academy, ISBN:978-625-7601-81-8.

Gulsunoglu-Konuskan, Z. (2021). Sert Kabuklu Sebze ve Meyveler (Ceviz, Fındık, İncir, Kuru Kayısı, Kuru Üzüm) (Fenoller). İçinde *Fonsiyonel Besinlerin Sağlıktaki Rolü* (Ed. Müge Arslan), (1st ed., pp. 179-213), Güven Plus Grup A.Ş. Yayınları, E-ISBN: 978-605-7594-54-9.

Guldiken, B., <u>Gulsunoglu, Z.</u>, Bakir, S., Catalkaya, G., Capanoglu, E., & Nickerson, M. (2021). Innovations in functional foods development. In *Food Technology Disruptions* (pp. 73-130). Academic Press.

Kilic-Akyilmaz M. and <u>Gulsunoglu Z</u>. (2015). "Additives and Preservatives" In book: Handbook of Vegetable Preservation and Processing, Second Edition, (Eds.) Hui Y. H. and Evranuz E. O., *CRC Press*, pp. 301-318.

### **INTERNATIONAL CONFERENCE PRESENTATIONS**

Yagdi S. D., <u>Gulsunoglu Konuskan Z.</u> (2021). Alternative Protein Sources Used in Gluten-Free Products. *International Conference on Design, Research & Development* (Oral presentation)

<u>Gulsunoglu Z.</u>, Karbancioglu-Guler F., Kilic-Akyilmaz M. (2020). Antioxidant activities of stirred yoghurt fortified with fermented apple peel and chestnut shell. *IFT Annual Meeting & Food Expo*, July 13-15, Webinar. (Poster presentation)

<u>Gulsunoglu Z.</u>, Yigit H., Turan K., Karbancioglu-Guler F., Kilic-Akyilmaz M. (2020). Evaluation of antibacterial and antiviral activities of fermented chestnut shell. *IFT Annual Meeting & Food Expo*, July 13-15, Webinar. (Poster presentation)

<u>Gulsunoglu Z.</u>, Karbancioglu-Guler F., Kilic-Akyilmaz M. (2019). Utilization of apple and pomegranate peels for production of pectinase by *Aspergillus* spp. *1st International and 11th National Food Engineering Congress*, November 7-9, Antalya, Turkey. (Oral presentation)

Kabataş B., Demirkurt B., <u>Gulsunoglu Z.</u>, Kilic-Akyilmaz M. (2019). The effect of different stabilizer combinations on the structural quality of ice cream. *2nd National Dairy Congress*, April 25-26, Izmir, Turkey. (Oral presentation)

<u>Gulsunoglu Z.</u>, Aravind S., Bai Y., Wang L., Kutcher H.R., Tanaka T. (2019). Recovery of nutrients from *Fusarium*-damaged grain using solid-state fermentation and insect culture combinations. *69th Annual Conference of the Canadian Society of Microbiologists*, June 10-13, Quebec, Canada. (Poster presentation)

Demirkurt B., Kabatas B., Kilic Akyilmaz M., <u>Gulsunoglu Z</u>. (2018). Influence of stabilizers on physical properties of ice cream. *13th International conference of Food Physicists- ICFP*, October 23-25, Antalya, Turkey. (Poster presentation)

- <u>Gulsunoglu Z.</u>, Varol A., Ayhan N., Velioglu S. (2018). Synergistic interaction of xanthan, guar and locust bean gum investigated by viscosity. *The International Symposium of Food Rheology and Texture*, October 19-21, Istanbul, Turkey. (Proceeding paper)
- Filonenko O., Kaya M., <u>Gulsunoglu Z</u>., Kilic Akyilmaz M. (2018). Development of flavored milk with carob. *The International Symposium of Food Rheology and Texture*, October 19-21, Istanbul, Turkey. (Poster presentation)
- <u>Gulsunoglu Z.</u>, Karbancioglu-Guler F., Kilic-Akyilmaz M. (2018). Hydrolytic enzyme production by *Aspergillus aculeatus* on pre-treated pomegranate peel-supplemented medium. *Nutricon*, June 13-15, Ohrid, Macedonia. (Oral presentation)
- <u>Gulsunoglu Z.</u>, Catalkaya G., Kilic-Akyilmaz M., Capanoglu E. (2018). Effect of *in-vitro* gastrointestinal digestion on phenolic contents and antioxidant capacities of carob fruit, molasses (pekmez) and leather (pestil). *Nutricon*, June 13-15, Ohrid, Macedonia. (Poster presentation)
- Catalkaya G., <u>Gulsunoglu Z</u>., Guldiken B., Capanoglu E. (2018). Investigation of changes in antioxidant activity of Hardaliye during in *in-vitro* gastrointestinal digestion. *Nutricon*, June 13-15, Ohrid, Macedonia. (Poster presentation)
- Demiral M., <u>Gulsunoglu Z</u>., Kocer E., Kilic-Akyilmaz M. (2018). Effect of inulin on physical properties of dried and reconstituted yoghurt. *International conference on Raw Materials to Processed Foods*, April 11-13, Antalya, Turkey. (Oral presentation)
- Dastjerd A.K., <u>Gulsunoglu Z.</u>, Kilic-Akyilmaz M. (2017). pH effect on particle size and zeta potential of isolated caseinomacropeptide from sweet whey. *10th NIZO Dairy Conference Innovations in Dairy Ingredients*, October 1-3, Papendal, The Netherlands (Poster presentation)
- <u>Gulsunoglu Z</u>., Karbancioglu-Guler F., Kilic-Akyilmaz M., Raes K. (2017). Chemical Composition of Plant-Origin Food Waste. *IFT Annual Meeting & Food Expo*, June 25-28, Las Vegas, USA. (Poster presentation)
- <u>Gulsunoglu Z.</u>, Karbancioglu-Guler F., Kilic-Akyilmaz M., Raes K. (2016). Screening of *Aspergillus* spp. to Produce Hydrolytic Enyzmes. *3rd Congress of Baltic Microbiologists (CMB2016)*, October 18-21, Vilnius, Lithuania. (Poster presentation)
- Ozer A., <u>Gulsunoglu Z.</u>, Kilic-Akyilmaz M. (2015). Stability of palace halva in relation to storage temperature and relative humidity. *Innovations in Food Packaging, Shelf Life and Food Safety*, September 15-17, Munich, Germany. (Poster presentation)
- Erguney E., <u>Gulsunoglu Z</u>., Firatligil-Durmus E. and Kilic-Akyilmaz M. (2014). Improvement of physical properties of cherry laurel powder. *Annual Conference & Exhibition, Functional Foods, Nutraceuticals, Natural Health Products and Dietary Supplements*, October 14-17, Istanbul, Turkey. (Poster presentation)
- <u>Gulsunoglu Z.</u>, Kok F. N. and Aran N. (2014). The Effect of Complex Coacervation Technique on The Viability of *Lactobacillus acidophilus* LA5 and *Saccharomyces cerevisiae* CEN PK 1137D. *3rd International Conference on Food Digestion*, March 11-13, Wageningen, The Netherlands. (Poster presentation)
- <u>Gulsunoglu Z</u>., Kok F. N. and Aran N. (2014). The Effect of Freeze Drying on Viability of Encapsulated *Lactobacillus acidophilus* LA5 and The Effect of genipin concentration on the swelling ratio of freezedried microcapsules. *19th International Drying Symposium*, 24-27 August, Lyon, France. (Proceeding paper).

Keskin-Yaman O. and <u>Gulsunoglu Z</u>. (2012). Quality Management Systems in Dairy Industry. *International Conference on Industrial Engineering and Operations Management (IEOM)*, 3-6 July, Istanbul, Turkey. (Proceeding paper).

### **NATIONAL CONFERENCE PRESENTATIONS**

<u>Gulsunoglu Z.</u> (2020). Effects of different solvent usage on total phenolic content and antioxidant activity of vegetable wastes. 13<sup>th</sup> Food Congress, 21-23 October 2020, Çanakkale, Türkiye. (Oral presentation)

<u>Gulsunoglu Z</u>. and Kilic-Akyilmaz M. (2017). Effect of microbial and chemical acidification on milk gelling. *Ist National Dairy Congress*, May 25-26, Ankara, Turkey. (Poster presentation)