

## **CURRICULUM VITAE**

### **Personal Details**

Name: Zeynep Begum Kalyoncu Atasoy  
Email: zkalyoncuatasoy@aydin.edu.tr  
Date of birth: 12 August 1988  
Nationality: Turkish  
Driving License: B Class (Active driver)

### **Grants as Principal Investigator**

2023: The Scientific and Technological Research Council of Turkey (TUBİTAK) 1002-C Natural Disaster Focused Field Study Emergency Support Program for project titled "Evaluation of Emergency Nutrition and Food Environment After Turkiye Suriye Earthquake" (Grant number 85947872-605.99.09-373548)

2020 – 2021: Atilim University Research Fund for project titled "Evaluation of the Relationship Between Covid-19 Pandemic and Nutrition" (Project Code: ATÜ-LAP-2021-08)

2019 – 2021: Atilim University Research Fund for project titled "Nutrition and Culinary Acculturation to Turkish Cuisine Profile of Refugees Who Are Living in Ankara" (Project Code: ATÜ-BAD-1920-02)

2019 – 2020: Atilim University Research Fund for project titled "Nutritional And Quality Evaluation Of Food And Beverage Services Provided By Atilim University" (Project Code: ATÜ-LAP-1920-04)

### **Scholarships / Stipend / Awards**

2021 April: **Global Nutrition Early Career Scholar Award (American Society for Nutrition)**

2018 Summer: **Research Assistant Stipend** - Communities for Healthy Living Project in Nutrition Dept of Harvard T.H. Chan School of Public Health

2017 – 2018: **Fulbright Visiting Scholar Program** - selected for 2017-18 academic year, Harvard T.H. Chan School of Public Health, working under the supervision of Prof. Dr. Kirsten Davison & STRIPED Travel Scholarship to participate in the Eating Disorders Coalition (EDC) Advocacy Day on Capitol Hill on Tuesday, April 24, 2018

2010 – 2012: **Universiteit Maastricht High Potential Scholarship** (full tuition and monthly allowance) – the Netherlands

- 2009-2010: **Georgia Rotary Scholarship Program** (full tuition, accommodation coverage, and financial support for meals and books) – United States of America
- 1 -6 / 2009: **ERASMUS Student Exchange Program Scholarship** (full tuition and monthly allowance) - Finland

## **Education**

- 2022 – ongoing: **BSc in Tourist Guidance and Travel Management, Haci Bayram Veli University, Ankara Turkey**
- 2020-2022: **Associate Degree** at Cultural Heritage Program of Anatolian University (2-year Open University Program)
- 2017 - 2019: **Researcher at Harvard T.H. Chan School of Public Health**
- Tasks:** Data collection and analysis for Communities for Healthy Living Project, data analysis from own PhD thesis and FLASHE dataset, writing papers (**Academic supervisor: Prof. Dr. Kirsten Davison**)
- Audited courses: Introduction to Nutrition, Obesity Epidemiology, Seminars in Food Science, Technology, and Sustainability, Epidemiologic Methods Development Past and Present, Writing & Publishing Public Health Research, Advanced Topics in Obesity Epidemiology and Prevention, Sexuality and Public Health, Analysis of Case-Control and Cohort Studies Seminar in Nutrition and Food Policy, Food Law and Policy
- 2012 – 2018: **PhD Degree in Nutrition and Dietetics at Hacettepe University, Ankara, Turkey**
- Pre-requisite courses: Fats and Fatty Acids in Advanced Nutrition, Nutrition Applications for Exercise and Sports, Food Science, Advanced Nutrition, Public Health Nutrition, International Public Health, Bioethics, Biostatistics, Advanced Statistical Applications, Statistics in Health Research, Pharmacoeconomics.
- Audited Courses: Introduction to Qualitative Techniques, Fundamentals of Social Survey Methodology, Conducting Meta-analysis, Sampling, Questionnaire Design, Computer Analysis of Social Survey Data
- PhD Thesis Topic:** Construction and Validation of a Scale to Measure the Culinary Acculturation of First-Generation Immigrants in Turkey (**PhD supervisors: Prof. Dr. Aylin Ayaz & Prof. Dr. Ahmet Demir**)
- 2010 – 2012: **Master's Degree in Health Food Innovation Management at Maastricht University (UM High Potential Scholarship), Netherlands (MSc supervisors: Prof. Dr. Fred Brouns & Assoc. Prof. Dr. Freddy Troost)**

- 2006 – 2010: **BSc in Nutrition and Dietetics, Hacettepe University, Ankara Turkey**  
**Study abroad:** Pirkanmaa Polytechnic University, **Finland** (Erasmus Student Exchange Program Scholarship - 6 months) and Armstrong Atlantic State University (AASU), GA, **USA** (Georgia Rotary Scholarship Program – 1 year), AASU High Honor Prize
- 2005 – 2006: Enrolment in Nutrition and Dietetics Program  
Baskent University, Turkey, High Honor Prize
- 1997 – 2005: TED Ankara College Primary and High School

### **Work Experience**

- 2023 – ongoing: **Researcher for the European Union COST project (COST Action CA20128) titled “Promoting Innovation of ferMENTEd fOODs (PIMENTO)”**

**Tasks:** Data collection and analysis, publishing the results

- 2021 – ongoing: **Assistant Professor in the Dept. of Nutrition and Dietetics in Istanbul Aydin University, Istanbul, Turkey**

**Tasks:** Giving undergraduate and graduate courses for the Dept. of Nutrition and Dietetics (all the classes are given in Turkish other than Academic English), writing national and international research grants, conducting research full-time, supervising MSc theses for the graduate program of Nutrition and Dietetics, supervising Public Health Nutrition internship program, working as department’s international exchange program and accreditation coordinator

**Responsible Courses:** Public Health Nutrition for the Communities, Demography, Institutional Food Service I, Institutional Food Service II, Academic English, Weight Management and Eating Disorders, Nutritional Anthropology, Graduation thesis, Seminar, Graduate Level Institutional Food Service, Graduate Level Obesity and Public Health (all the classes other than Academic English are given in Turkish)

#### **Supervised MSc Theses:**

Evaluation of The Relationship Between Diabetes and Dietary Patterns- Turkey Nutrition and Health Survey 2017 Study Findings (Rukiye Arslan, defence: June, 2022)

Evaluation Of the Relationship Between the Level of Adaptation to Turkish Cuisine of Syrian Immigrants Living In Istanbul and Healthy Eating (Esra Aydoğdu, defence: June, 2022)

Investigation of Nutritional Supplement Use and Related Factors In Turkey (Ozge Sura Cetin, defence: September, 2022)

Evaluation of Food Security and Nutrition Status of Personnel Working at The Airport (Begüm Rabia Sezer, defence: September, 2022)

Evaluation of Intestinal Health Status and Quality of Life by Determining the Nutritional Status of Hashimoto's Thyroiditis Patients (Şevval Ayaşan, defence: January, 2023)

2021 – ongoing: **Guest Lecturer for School for International Training (SIT)**

**Tasks:** Giving undergraduate and graduate masterclasses on food security and emergency nutrition during SIT's field visits in Türkiye (all the classes are given in English)

2023 – ongoing: **Licensed tourist guide in English (Union of Chambers of Tourist Guides in Türkiye)**

2021 – 2022: **Part-time Lecturer in the Dept. of Nutrition and Dietetics in Bahcesehir University, Istanbul, Turkey**

**Tasks:** Giving undergraduate courses for the Dept. of Nutrition and Dietetics (all the classes are given in English)

**Responsible Courses:** Food Service Systems I, Assessment of Nutritional Status in Society

2021 – 2022: **National Research Expert on Food and Nutrition Literacy for Food and Agriculture Organization (FAO) – SEC Division**

**Tasks:** Preparing technical reports and policy papers, conducting research, writing papers (Project Number: GCP/RER/062/TUR)

2019 - 2021: **Assistant Professor in the Dept. of Nutrition and Dietetics in Atilim University, Ankara, Turkey (Head of Department)**

**Tasks:** Giving undergraduate courses for the Dept. of Nutrition and Dietetics (all the classes are given in English at Atilim University), writing national and international research grants, conducting research, being the Erasmus Program Director for the Faculty of Health Sciences, and other administrative duties. University senate member and board member of Atilim University Research Center for Immigration Studies (ATUGAM).

**Responsible Courses:** Principles of Nutrition I, Principles of Nutrition II, Ethics in Nutrition and Dietetics, Community Nutrition, and Turkish Cuisine Culture

2018 – 2020: **Researcher for the project titled “Capacity building to support the elimination of trans fats in Turkey” – along with Turkish Health Institution (Principal Investigator: Prof. Dr. Elif Dagli, Funding Source: Bloomberg Foundation & Campaign for Tobacco-Free Kids)**

**Tasks:** Data collection and analysis, publishing the results, taking part in public awareness campaigns in Turkey for the project

- 2017 – 2019: **Researcher at Harvard T.H. Chan School of Public Health, Dept. of Nutrition**
- Tasks:** Data collection and analysis for Communities for Healthy Living Project, data analysis for own PhD thesis and FLASHE dataset (remote researcher from Turkey since August, 2018)
- 2014 – 2017: **Full-time lecturer in the Dept. of Gastronomy in Özyegin University, Istanbul**
- Tasks:** Giving four courses to Gastronomy and Culinary Arts / Le Cordon Bleu and Hotel Management students on Nutrition and Food Safety & Hygiene in Kitchens, Fundamentals of Gastronomic Practices, and Senior Project Thesis to freshman, sophomore, and senior students (all the classes are given in English at Ozyegin University). Providing hygiene orientation courses to Le Cordon Bleu Istanbul certificate students, supervising and mentoring the highly active student club of the Gastronomy Department. Project management of Gastronomy Symposium 2015 (<https://www.youtube.com/playlist?list=PLEPNSil4Fq5JdPmyrSXtAkNL6sLpstNXE>) and Ozyegin University Sixth Sense Gastronomy Platform in Sirha 2015.
- 2013 – 2014: **Columnist in Sözcü** (popular Turkish daily newspaper)
- Tasks:** Writing columns on science-based nutrition on a biweekly basis
- 2013: **Dietician in Base Life Club Sports Center**
- Tasks:** Nutritional counseling to sport club members for sports nutrition, pregnancy, weight loss, and menopause
- 2013: **Social Media Manager and Blog Writer for Muscular Development Turkey**
- Tasks:** Social media management and writing daily about sports nutrition
- 2013: **Dietician in private clinic**
- Tasks:** Giving nutritional consultations to patients
- 2013: **Project Assistant for Inprofood, 7<sup>th</sup> Framework EU Project**
- Tasks:** Project organization, assisting to conduct a workshop, being the rapporteur
- 2012 – 2013: **Research Assistant at TNS Turkey Healthcare Research Istanbul, Turkey**
- Tasks:** Project management and client services management for *ad-hoc* market research projects for pharmaceutical companies that operate in Turkey or look for ways to invest in Turkey, enlarge their businesses, and interact with diverse health professionals.

## **Internships**

- 1 – 7/ 2012: **Global Nutrition Team of the Spreads and Dressings Category of Unilever (Global R&D, Vlaardingen)**
- Tasks & Thesis Topic:** Developed global strategies for promoting spreads and dressings recommendation behavior towards health care practitioners
- 2008 – 2010: **Numune Hospital - Hacettepe Hospital - Bayındır Hospital Ankara, Turkey; St. Joseph/Candler Hospital, Savannah, GA, USA**
- Tasks:** Worked with dietitians specialized in enteral and parenteral nutrition to feed the patients who cannot tolerate oral nutrition, in and outpatient services in endocrinology, pediatrics, cardiology, oncology, burn unit, obstetrics, and orthopedics
- 6 – 8/ 2008: **Primary Health Care Center, Ankara, Turkey**
- Tasks:** Investigated the eating behavior of the elderly in a governmental run facility for a public health nutrition research project run by Dept. of Nutrition and Dietetics, Hacettepe Uni.
- 7 – 8/ 2007: **MARET Factory of Delicatessen Products, Gebze, Turkey**
- Tasks:** Assisted food engineers in preparation of various deli meats and worked in new product development facility to test new foods

## **Extracurricular Activities**

- 2019 – ongoing: **Committee Member for the European Federation of the Associations of Dietitians (EFAD) Public Health Dietitians Specialist Network**
- Tasks:** To promote the role of dietitians in Public Health and support people to prevent disease through healthy and sustainable food choices across Europe, to support dietitians in developing evidence-based practice, tools and research in the field of Public Health Nutrition. Engaging in lobbying efforts, writing policy papers, and liaising with other EFAD committees to develop the specialty in Education, Research and Professional Practice
- 2023 August: **Certificate** of Teaching Training for University Education from Hacettepe University Lifelong Learning Center
- 2022 June-July: Creating 4 online course modules for the Ministry of National Education of Turkish Republic
- Basics of Healthy Nutrition
  - Food and Nutrition Literacy

- Food Safety
- Special Issues in Food Service for Primary and Secondary School Students

- 2022 May: Organizing Committee of 7<sup>th</sup> International Congress on Nutrition, Obesity, and Community Health, May 28-29, 2022, Istanbul, Turkey (Online Congress)
- 2022 March-April: Giving talks on behalf of The Scientific and Technological Research Institution of Turkey (TUBITAK) on “Healthy Nutrition” at low-income primary schools in Istanbul, Ankara, and Sakarya
- 2021 June – August: Author for Turkish Dietary Guidelines as per the request of Ministry of Health
- 2021 August: Bundesinstitut für Risikobewertung (BfR) Summer Academy Lecture Series (food safety risk assessment)
- 2021 August: Fulbright Juror for Nutrition field scheduled for August 3, 2021
- 2021 May: Organizing “International Migration and Nutrition Panel” with Association for Solidarity with Asylum Seekers and Migrants
- 2021: **Member** of Association for Ethics in Academia (AKETDER) - Turkey
- 2019 – 2022: **Vice-President of Turkish Dietetic Association**

**Tasks:** To support dietitians in Turkey for developing evidence-based practice and research in the field of nutrition and dietetics, broaden their employment options, planning programs of professional training, public education, lobbying for the rights of dietitians and enhancing public health nutrition policies in the parliament, giving conferences to undergraduate Nutrition and Dietetic students

Oct 2020 – Feb 2021: Women Leaders for Planetary Health Mentorship  
Program Certificate (selected as the **representative from Turkey**)

Jan – Feb 2021: Intermediate Film Theory & Analysis Course at Ugur Mumcu Investigative Journalism Foundation (Instructor: Erdem Ilic)

December 2020: **Member** of Association for Sustainable Living (SUYADER)

### **Language Skills**

- Turkish: Mother tongue
- English: Fluent (TOEFL IBT Score: 114 out of 120, YDS: 96.25 out of 100)
- Spanish: Advanced (B2 level)
- French: Intermediate
- Sign Language (Turkish): Beginner
- Dutch & Finnish: Beginner

## **Computer Skills**

Proficient in all Microsoft based Operating Systems, Word, Excel, PowerPoint, SPSS, and OXGIR, intermediate in SAS and AMOS, learning STATA and R

## **Publications and Academic Work**

Science Citation Index Publications (ordered according to date)

### **Q1 Category**

- Yılmaz B, Ağagündüz D, **Kalyoncu Atasoy ZB**, Yeşilyurt N, Ergin Ş, Murat N. Cross-sectional determinants of lactose-free food awareness and purchase among adult consumers. *Journal of Dairy Research*. 2023 Feb;90(1):100-7.
- **Kalyoncu ZB**, Demir AU, Ayaz A. Culinary Acculturation Assessment Inventory (CAAI): Construction and Validation in First Generation Immigrant Consumers in Turkey. *Food Quality and Preference*. 2021 Mar 29:104252.

### **Q2 Category**

- **Kalyoncu Atasoy ZB**, Kurt SC, Beckerman-Hsu J, Soyünen S., Kalyoncu MF, Kaptanoglu A. (accepted to be published on November 17, 2023). Evaluation of the Emergency Nutrition Response in Malatya After Türkiye-Syria Earthquake. *British Journal of Nutrition*.
- Cetiner, O., Yildirim, G., & **Kalyoncu, Z. B.** (2021). Social Jetlag Is Associated with the Frequency of Consumption of Sugar-Sweetened Beverages and a High BMI Percentile in Adolescents: Results of the Cross-Sectional Family Life, Activity, Sun, Health, and Eating (FLASHE) Study. *Journal of the Academy of Nutrition and Dietetics*.

### **Q4 Category**

- Pinar, A. Y., Qutranji, L., Cetin, O., Rezai, E., Fayazi, R., Gezer, T., **Kalyoncu Z.B.**, Pece Sonmez U., Guner M., Dagli, E. (2021). A preliminary study evaluating trans-fat content of pastries in socioeconomically disadvantaged communities of Istanbul. *Marmara Medical Journal*, 34(1), 75-78.

### **Q2 Category**

- Beckerman-Hsu JP, Aftosmes-Tobio A, Gavarkovs A, Kitos N, Figueroa R, **Kalyoncu ZB**, Lansburg K, Yu X, Kazik C, Vigilante A, Leonard J. Communities for Healthy Living (CHL) A Community-based Intervention to

Prevent Obesity in Low-Income Preschool Children: Process Evaluation Protocol. *Trials*. 2020 Dec;21(1):1-3.

### **Q3 Category**

- **Kalyoncu ZB**, Merdol TK., Yildirim G., Cetiner O., Gunesliol B., Dag A., Adali T. (2020). Domestic Cooking, BMI, and Factors Determining Women's Involvement – TDHS- 2013 Study Findings. *Annals of Nutrition and Metabolism*. DOI: 10.1159/000505528
- Beckerman, J. P., Aftosmes-Tobio, A., Kitos, N., Jurkowski, J. M., Lansburg, K., Kazik, C., Gavarkovs A., Vigilante A., **Kalyoncu B**, Figueroa R., Klabunde, R., Barouch R., Taveras E., Davison KK. (2019). Communities for healthy living (CHL)–A family-centered childhood obesity prevention program integrated into Head Start services: Study protocol for a pragmatic cluster randomized trial. *Contemporary Clinical Trials*.

### **Q2 Category**

- Figueroa, R., **Kalyoncu ZB**, Saltzman JA, Davison KK. Autonomous motivation, sugar-sweetened beverage consumption, and healthy beverage intake in US families: Differences between mother-adolescent and father-adolescent dyads Accepted for publication in *Public Health Nutrition* on November 30, 2018.

### **Q4 Category**

- **Kalyoncu ZB**, Pars H, Bora-Güneş N, Karabulut E, Aslan D. A systematic review of nutrition-based practices in prevention of hypertension among healthy youth. *Turk J Pediatr*. 2014 Jul-Aug;56(4):335-46.

### **International Publication**

Tettner S, **Kalyoncu ZB**. Gastrodiplomacy 2.0: Culinary Tourism Beyond Nationalism. *Journal Of Tourism Research*. 2016; 6 - No. 2: 47-55.

### **National Publications in Turkey**

### **ULAKBIM Category**

- Yildirim M, Aksoy B, Idikut A, **Kalyoncu Atasoy ZB**. Evaluation of the Relationship between Air Pollution and Obesity: Traditional Review

(*Turkish: Hava Kirliliği ve Obezite İlişkisinin Değerlendirilmesi: Geleneksel Derleme*). Türkiye Klinikleri J Health Sci. 2023 (DOI: 10.5336/healthsci.2022-94176)

- **Atasoy ZB**, Aslan D, Ilgaz Ş, Merdol TK. Geçmişten Bugüne Türkiye’de Beslenme Plan, Program ve Politikaların Değerlendirilmesi ve Gelecek İçin Öneriler. Beslenme ve Diyet Dergisi. 2021;49(3):93-105.
- Kutluay Merdol T, **Kalyoncu ZB**, Merdol D. Antropolojik yaklaşımla dünyada ve ülkemizde tüketilen fermente besinler. Karabudak E, editör. Fermente Besinler ve Sağlık. 1. Baskı. Ankara: Türkiye Klinikleri; 2021. p.1-12.
- **Kalyoncu ZB**, Çetiner Ö, Balcı TN, Eroğlu ZB, Merdol TK. Perspectives of Healthy Eating Environment on Campus: A Qualitative Study in a Private University in Ankara, Turkey. Beslenme ve Diyet Dergisi. 2020 Dec 3;48(3):18-38.

### **Non- ULAKBIM Category**

**Kalyoncu ZB**. Pediatrik Obezite: Tanımlar, Nedenleri, Sonuçları, Tedavisi ve Önleme Stratejileri. Clinic Pediatri. 2014; 9:38-45

### **International Book Chapter**

**Kalyoncu ZB**, Norde MM., Gökmen Özel H. Pediatric ENT Infections -2022 (Editör: Prof. Dr. Cemal Cingi, Prof. Dr. Emin Sami Arısoy, Prof. Dr. Nuray Bayar Muluk) Bölüm 88: Nutritional Management of Pediatric ENT Infections – Springer (p. 1063-1083)

**Kalyoncu Atasoy ZB**, Oz I. Dietary Acculturation of Turkish Immigrants in Germany – 2021 (Editor: Hatice Pars). Türk Alman Serisi Çalışmaları 2, Nobel Tıp Kitapevi pages 348-358 (one chapter)

### **National Books and Chapters in Türkiye**

Bayraktar DZ, Göz B, **Kalyoncu Atasoy ZB**. Effects Of Ramadan Fasting on Body Weight and Composition Chapter (*Turkish: Ramazan Orucunun Vücut Ağırlığı Ve Bileşimi Üzerine Etkileri*) – 2023 (Editors: Prof. Dr. Gülgün Ersoy, Assoc. Prof. Nihal Büyüksulu, Asst. Prof. Rabia İclal Öztürk). Her Yönüyle Ramazanda Sağlıklı Beslenme (Medipol Üniversitesi Yayınları)

Erzurum Alim N, **Kalyoncu Atasoy ZB**. İşçi Beslenmesi (Bölüm 8 Özel Durumlarda Beslenme), Türkiye’ye Özgü Beslenme Rehberi 2022, Sağlık Bakanlığı Yayınları, Ankara. 2022.

Kutluay-Merdol T, **Kalyoncu ZB**, Merdol D. Fermented Foods and Health (*Turkish: Fermente Besinler ve Sağlık*) – 2021 (Editör: Prof. Dr. Efsun Karabudak). Bölüm

1: Antropolojik Yaklaşımla Dünyada ve Ülkemizde Tüketilen Fermente Besinler. Türkiye Klinikleri

**Kalyoncu ZB.** Temel Beslenme ve Diyetetik. Editör Prof. Dr. Türkan Kutluay Merdol. Bölüm 7: Dünyada Kullanılan Tahıl Türleri, Ürünleri, Kullanım Alanları ve Besin Değeri Farklılıkları. Güneş Tıp Kitabevleri. 2015. pages 207-227 (one chapter)

Alsaffar AA, **Kalyoncu ZB.** Pişirme Yöntemleri. Milli Eğitim Bakanlığı Yayınları, İstanbul, 2015. (co-authorship of the full book)

#### Reviewer Role for Academic Publications

1. Acıbadem Üniversitesi Sağlık Bilimleri Dergisi
2. Ankara Sağlık Bilimleri Dergisi
3. Aydın Sağlık Dergisi
4. Balıkesir Sağlık Bilimleri Dergisi
5. Clinical and Experimental Health Sciences
6. Cukurova Medical Journal
7. Food & Nutrition Journal
8. Gazi Sağlık Bilimleri Dergisi
9. Hacettepe Üniversitesi Hemşirelik Fakültesi Dergisi
10. International Journal of Global Health
11. International Journal of Nutrition
12. International Journal of Nutrition and Food Sciences
13. Journal of Basic and Clinical Health Sciences
14. Journal of Baskent University Faculty of Health Sciences (BUSBID)
15. Journal of Human Nutrition and Dietetics
16. Journal of Nutrition and Dietetics (*Turkish: Beslenme ve Diyet Dergisi*)
17. Karya Journal of Health Science
18. Nüfus Bilim Dergisi
19. Osmaniye Korkut Ata Üniversitesi Fen Bilimleri Enstitüsü Dergisi
20. Psikiyatride Güncel Yaklaşımlar
21. Qeios
22. Sağlık Bilimleri Dergisi
23. Samsun Sağlık Bilimleri Dergisi
24. Şırnak Üniversitesi Fen Bilimleri Dergisi
25. Toros University Journal of Food, Nutrition and Gastronomy
26. Turkish Journal of Geriatrics
27. Türkiye Sağlık Bilimleri ve Araştırmaları Dergisi

#### Editorial Board Member

International Journal of Nutrition and Food Sciences

Oral Presentations in International Conventions

**Kalyoncu Atasoy ZB**, Kurt SC, Kalyoncu MF, Soyünen S. Kahramanmaraş Depremi Sonrasında Afetzedeler İçin Sağlanan Yemek Çadırları ve Gıda Dağıtım Yerlerindeki Yardımların Beslenme İhtiyacını Karşılama Durumlarının Değerlendirilmesi: Malatya Örneği, 9<sup>th</sup> International Congress on Nutrition, Obesity, and Community Health, October 28-29, 2023, Ankara, Turkey (Online Congress)

Sezer BR, **Kalyoncu Atasoy ZB**. Evaluation of Food Security And Nutrition Status of Personnel Working At The Airport, Socrates 8<sup>th</sup> International Health, Engineering and Applied Sciences Congress, September 28-29, 2023, Diyarbakir, Turkey (Online Congress)

Sezer B, Kapusuz C, **Kalyoncu Atasoy ZB**. Evaluation of Airline Catering Services in Terms of Healthy Nutrition, 7<sup>th</sup> International Congress on Nutrition, Obesity, and Community Health, May 28-29, 2022, Istanbul, Turkey (Online Congress)

Ayaşan S, **Kalyoncu Atasoy ZB**. Evaluation of Factors Related to Hashimoto's Thyroiditis, Nutrition, and Gut Health, 7<sup>th</sup> International Congress on Nutrition, Obesity, and Community Health, May 28-29, 2022, Istanbul, Turkey (Online Congress)

Ağagündüz D., Yılmaz B., Yeşilyurt N., Yüksel M., Yazıcı F., Yıkar H., Yılmaz E., Ergin S., Kesik ND., Karayılan O., Gasızmade N., Koçak G., **Kalyoncu ZB**. Consumers' perspective on lactose-free foods: Evaluation of knowledge, behaviour and attitudes of consumers. 2<sup>nd</sup> International Sustainable Living Congress "Covid-19 Process and Sustainability". March 19-20, 2021, Ankara, Turkey (Online Congress)

**Kalyoncu ZB**, Merdol TK., Cetiner O., Yildirim G., Gunesliol B., Dag A., Adali T. Regular Ramadan Fasting and Its Effects on Women's BMI Status – TDHS-2013 Study. 12<sup>th</sup> European Federation of the Association of Dietitians (EFAD) Conference. November 1-2, 2019, Berlin, Germany.

**Kalyoncu ZB**, Merdol TK., Yildirim G., Cetiner O., Gunesliol B., Dag A., Adali T. Domestic Cooking, BMI, and Factors Determining Women's Involvement – TDHS- 2013 Study Findings. 12<sup>th</sup> European Federation of the Association of Dietitians (EFAD) Conference. November 1-2, 2019, Berlin, Germany.

**Kalyoncu ZB**, Yildirim G., Cetiner O., Gunesliol B., Merdol TK. Effects of Household Food Insecurity on Adolescents' Health Perception and Desire to Gain Weight. 12<sup>th</sup> European Federation of the Association of Dietitians (EFAD) Conference. November 1-2, 2019, Berlin, Germany.

**Kalyoncu ZB**, Cetiner O., Yildirim G., Gunesliol B., Merdol TK. Self-efficacy for Eating Fruits & Vegetables and Restricting Junk Food & Sugar Sweetened Beverages for SNAP Participants vs. Nonparticipants. 12<sup>th</sup> European Federation

of the Association of Dietitians (EFAD) Conference. November 1-2, 2019, Berlin, Germany.

Yildirim G, Çetiner O, **Kalyoncu ZB**. Exposure to weight teasing is a risk factor for eating in the absence of hunger in adolescents. 2nd International Healthy Nutrition Congress “Endocrine Diseases”, 10-12 October 2019, Ankara, Turkey.

**Kalyoncu ZB**, Ay P., Gezer T., Guner M., Dagli E. Turkey is Ready to “REPLACE” Trans Fats. 5<sup>th</sup> International Eurasian Congress on Natural Nutrition, Healthy Life and Sport, October 4, 2019, Ankara, Turkey.

**Kalyoncu ZB**, Ayaz A., Demir AU., Davison KK. Culinary acculturation of first-generation immigrants settled in Turkey: a comparative cross-sectional analysis with a reference population. 3<sup>rd</sup> International Health Sciences Congress, November 29, 2018. Ankara, Turkey.

**Kalyoncu ZB**, McClain AC, Davison KK. Assessing dietary acculturation among first generation immigrants: A scoping review. American Society for Nutrition. June 11, 2018. Boston, United States.

**Kalyoncu ZB**. Construction and Validation of a Scale to Measure the Culinary Integration of First Generation Immigrants in Turkey. 3<sup>rd</sup> Annual Student Faculty Retreat. March 2, 2018. Boston, United States.

Figuroa, R., **Kalyoncu ZB.**, Davison K. Autonomous Motivation To Limit Sugar Sweetened Beverages And Healthy Beverage Intake In Parent-Adolescent Dyads. AAAS Annual Meeting 2018, February 19, 2018. Vancouver, Canada.

**Kalyoncu, ZB.**, Alsaffar, A. A. Bioethical Evaluation of Genetically Modified Foods. 8<sup>th</sup> International Congress of Turkish Bioethics Association, November 9-12, 2015, Ankara (SS-015). Ankara, Turkey.

Invited Speaker → **Kalyoncu, ZB.**, Understanding Diet-Related Disparities During The Pandemic. Beykent 3<sup>rd</sup> International Health Sciences Research Days Congress, 23 September, 2021. İstanbul, Turkey (online event).

Invited Speaker → **Kalyoncu, ZB.**, Healthy Nutrition for Preventing and Treating Covid-19. 2<sup>nd</sup> International Sustainable Living Congress, 19 March, 2021. Ankara, Turkey (online event).

Invited Speaker → **Kalyoncu, ZB.**, Covid-19 and Eating Habits. Current Approaches in Active Life, Food, and Nutrition Online Congress, 29 November 2020. Ankara, Turkey (online event).

Invited Speaker → **Kalyoncu, ZB.**, How do we define eating disorders: Symptoms, Signs, Causes. 2019 3<sup>rd</sup> Nutrition and Health Communication Programme: Eating disorders health effects and how to communicate to promote public health, Sabri Ulker Food Research Foundation 6-7 November 2019. İstanbul, Turkey. (<https://nutritionprogramme.sabriulkerfoundation.org/en/Lecturers>)

Invited Speaker → **Kalyoncu, ZB.**, The Sweet Culture of Turkey. 2016 Chulalongkorn Asian Heritage Forum, 17-18 August 2016. Bangkok, Thailand. (<https://www.youtube.com/watch?v=H7LMgfRQcfY> )

Ilhan O, **Kalyoncu, ZB.**, Gıda Endüstrisinde Kullanılan Yenilebilir Film Ve Kaplamaların Özellikleri. TÜRKAS - Tüm Ürün, Kap ve Ambalaj Standartları Sempozyumu. 5-6 October 2016. Istanbul, Turkey.

Tettner S., **Kalyoncu, ZB.**, Gastrodiplomacy 2.0: Culinary Tourism Beyond Nationalism. Smart Tourism Congress Barcelona, 9-11 November 2016. Barcelona, Spain.

### Posters

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