



Education

2010-2014
Bachelor's Degree
Muğla Sıtkı Koçman
University, Division of
Physiotherapy and
Rehabilitation

2017-2021
Master Degree
İstanbul University-
Cerrahpasa, Physiotherapy
and Rehabilitation

2021-Cont.
PhD
İstanbul University-
Cerrahpasa, Physiotherapy
and Rehabilitation

Contact Information

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İstanbul/Turkey

[Linkedin](#)
[ResearchGate](#)

Foreign Language

English B2

Association

The Turkish Alzheimer
Society-Kadıköy Branch

Kübra Nur Menengiç

Experience

- **İstanbul Aydın University, Vocational School of Health Services, Department of Physiotherapy, İstanbul**
Lecturer (2023-Cont.)
- **Arel University, Faculty of Health Sciences, Division of Physiotherapy and Rehabilitation, İstanbul**
Lecturer (2021-2023)
- **Kadıköy Municipality Center for Alzheimer's Disease, İstanbul**
Volunteer Physiotherapist (2018-Cont.)
- **Doğuş University, Department of Physiotherapy, İstanbul**
Lecturer (2017-2021)
- **Kardelen Special Education and Rehabilitation Center, Elazığ**
Physiotherapist (2015-2017)
- **Fizyocare Physical Therapy and Rehabilitation Center, Ankara**
Physiotherapist (2014-2015)

Published Articles

- Menengiç, K. N., Yeldan, İ., Çınar, N., & Şahiner, T. (2022). Effectiveness of motor-cognitive dual-task exercise via telerehabilitation in Alzheimer's disease: An online pilot randomized controlled study. *Clinical Neurology and Neurosurgery*, 223, 107501.
- Ovacık, U., Tarakci, E., Gungor, F., Menengic, K. N., Leblebici, G., Acar, Z. O., & Soysal, A. (2022). The Minnesota Manual Dexterity Test As A Bimanual Performance Measure in People with Multiple Sclerosis. *Multiple Sclerosis and Related Disorders*, 103943.
- Menengiç, K. N., Yeldan, İ., & Bahadır, F. E. (2023). Aerobik Egzersizin Beyin Sağlığının Korunması ve Geliştirilmesi Üzerine Etkisi-Derleme Makalesi. *Fenerbahçe Üniversitesi Sağlık Bilimleri Dergisi*, 3(1), 101-113.

Projects

- Multi-component hybrid knowledge-skill and awareness-raising training for Alzheimer's Disease. TÜBİTAK 4008-Inclusive Community Practices for Individuals with Special Needs (Started in September 2022, ongoing).

Published Abstracts

- Menengiç, K. N., Ovacık, U., Güngör, F., Çınar, N., & Yeldan, İ. (2023). Comparison of manual dexterity of people with Alzheimer's disease and cognitively healthy older adults: The impact of cognition. *Alzheimer's & Dementia*, 19, e064919.
- Menengiç, K. N., Bülbül, N. G., Doğan, I. A., Kendirli, S., Şahiner, T. A., & Çınar, N. (2023). Association between perceived social support and physical activity level of alzheimer family caregivers. *Alzheimer's & Dementia*, 19, e064907.
- Menengiç, K. N., Güngör, F., & Ovacık, U. (2021). A population-based study on awareness of young adults regarding the role of physical exercise in improving brain health in Turkey. *Alzheimer's & Dementia*, 17, e053421.
- Menengiç, K. N., Güngör, F., Ovacık, U., Çınar, N., & Yeldan, İ. (2020). Relation of Respiratory Function and Functional Capacity, Body Composition in Individuals with Alzheimer's Disease.