

ARZU KAVALA

ASSISTANT PROFESSOR

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Phone (Work) : -
:
Address İstanbul Aydın Üniversitesi Beşyol, İnönü Cd. No:38, 34295
Küçükçekmece/İstanbul

Education

Doctoral 2017
21/Temmuz/2022

ISTANBUL UNIVERSITY-CERRAHPASA/INSTITUTE OF GRADUATE PROGRAMS

Thesis name: Thesis name: The Effect of Mobile Education Applications on Chronic Renal Failure

Master (Thesis) 2006
12/Mart/2009

MARMARA UNIVERSITY/INSTITUTE OF HEALTH SCIENCES

Thesis name: The Role of the Nurse in Preventing Recirculation in Hemodialysis (2009) Thesis

Bachelor's Degree 2002
30/Mayıs/2006

MARMARA UNIVERSITY/ACADEMY OF NURSERY

Academic Title

ASSISTANT PROFESSOR 19.11.2022

ISTANBUL AYDIN UNIVERSITY/FACULTY OF HEALTH SCIENCES/NURSING DEPARTMENT

LECTURER 07.10.2019-17.11.2022

ISTANBUL AYDIN UNIVERSITY/FACULTY OF HEALTH SCIENCES/NURSING DEPARTMENT

Positions in Projects:

1. TC-NURSE
TRANSCULTURAL NURSING: A EUROPEAN PRIORITY, A PROFESSIONAL RESPONSIBILITY, EU Project,
Executor:NURAN KÖMÜRCÜ, Researcher:SEDA DEĞİRMENCİ ÖZ, Executor:INDRANİ KALKAN, Researcher:ARZU
KAVALA, , 01/07/2019 - 30/06/2021 (INTERNATIONAL)

Awards

1. First Prize for Oral Presentations, 40th National Nephrology and 33rd National Nephrology Nursing Congress,
2. First Prize for Oral Presentations, 40th National Nephrology and 33rd National Nephrology Nursing Congress,

Courses *

Öğrenim Dili

Course Hour

2023-2024

Bachelor's Degree Programme

Internal Medicine Nursing	Turkish	12
Graduation Project	Turkish	2
Academic Writing and Presentation Techniques	Turkish	2
Chronic Disease Nursing	Turkish	2

2022-2023

Bachelor's Degree Programme

Internal Medicine Nursing	Turkish	12
First Aid and Basic Principles	Turkish	2
Child Health and First Aid	Turkish	2
Chronic Disease Nursing	Turkish	2
First Aid	Turkish	3
Graduation Project	Turkish	2
Health Protection and Promotion	Turkish	2

2021-2022

Bachelor's Degree Programme

First Aid	Turkish	3
Health Protection and Promotion	Turkish	2
Chronic Disease Nursing	Turkish	2
Graduation Project	Turkish	2
Internal Medicine Nursing	Turkish	12
Informatics and Technology in Nursing	Turkish	2

Works

Articles published in international refereed journals:

1. Yıldırım Dilek, KAVALA ARZU, Değirmenci Öz Seda, Sezer Esra, Kuğu Emre, Çoşkun Zeynep (2024). Inter-rater reliability in the assessment of consciousness in patients receiving palliative care in intensive care: A prospective cross sectional observational study. *Nursing in Critical Care*, Doi: 10.1111/nicc.13065 (Publication No: 8947431)
2. Antón-Solanas Isabel, Rodríguez-Roca Beatriz, Vanceulebroeck Valérie, Kömürcü Nuran, Kalkan Indrani, Tambo-Lizalde Elena, Huércanos-Esparza Isabel, Huércanos-Esparza Isabel, Casa Nova Antonio, Hamam-Alcober Nadia, Coelho Margarida, Coelho Teresa, Van Gils Yannic, KAVALA ARZU, Subirón-Valera Ana B. (2022). Qualified Nurses' Perceptions of Cultural Competence and Experiences of Caring for Culturally Diverse Patients: A Qualitative Study in Four European Countries. *Nursing Reports*, 12, 348-364., Doi: 10.3390/nursrep12020034 (Publication No: 7682784)

Articles published in international refereed journals:

- Antón-Solanas Isabel, Rodríguez-Roca Beatriz, Vanceulebroeck Valérie, Kömürçü Nuran, Kalkan Indrani, Tambo-Lizalde Elena, Huércanos-Esparza Isabel, Huércanos-Esparza Isabel, Casa Nova Antonio, Hamam-Alcober Nadia, Coelho Margarida, Coelho Teresa, Van Gils Yannic, KAVALA ARZU, Subirón-Valera Ana B. (2022). Qualified Nurses' Perceptions of Cultural Competence and Experiences of Caring for Culturally Diverse Patients: A Qualitative Study in Four European Countries. *Nursing Reports*, 12, 348-364., Doi: 10.3390/nursrep12020034 (Publication No: 7682784)
3. Antón-Solanas Isabel, Rodríguez-Roca Beatriz, Vanceulebroeck Valérie, Kömürçü Nuran, Kalkan Indrani, Huércanos-Esparza Isabel, Casa-Nova Antonio, Hamam-Alcober Nadia, Tambo-Lizalde Elena, Coelho Margarida, Coelho Teresa, Van Gils Yannic, Değirmenci Öz Seda, KAVALA ARZU, Ramon-Arbues Enrigue, Jerue Benjamin Adam, Subirón-Valera Ana B. (2022). Migrant and ethnic minority nurses 'experience of working in European health services: a qualitative study. *REVISTA DA ESCOLA DE ENFERMAGEM DA USP*, 56, 9, Doi: 10.1590/1980-220X-REEUSP-2022-0104en (Publication No: 7921277)
4. Gaya-Sancho Benjamin, Vanceulebroeck Valérie, Kömürçü Nuran, Kalkan Indrani, Casa-Nova Antonio, Tambo-Lizalde Elena, Coelho Margarida, Present Evy, Değirmenci Öz Seda, Coelho Teresa, Vermeiren Sofie, KAVALA ARZU, Jerue Benjamin Adam, Sáez-Gutiérrez Berta, Antón-Solanas Isabel (2021). Perception and Experience of Transcultural Care of Stakeholders and Health Service Users with a Migrant Background: A Qualitative Study. *International Journal of Environmental Research and Public Health*, Doi: 10.3390/ijerph181910503 (Publication No: 7244818)
5. Karadede Özkan, Karadede Huriye, KAVALA ARZU (2021). Nursing Care in COVID-19 by Gordon's Functional Health Patterns Model: Case Study. *Journal of Education and Research in Nursing*, 18, 3-9., Doi: 10.5152/jern.2021.03764 (Publication No: 7067372)

B. Papers presented at international scientific meetings and published in proceedings :

1. Karadede Özkan, KAVALA ARZU, Kuğu Emre (2022). The Use Of Dorothea Elizabeth Orem's Theory Of Self-Care Inadequacy In Nursing: A Systematic Review. 4. International Clinical Nursing Research Congress (Abstract/Oral Presentation) (Publication No: 8924448)
2. Sezer Esra, Şahin Tokatlıoğlu Tuğba, KAVALA ARZU, Karadede Huriye (2022). Using Mobile Applications for Patient Education: A Systematic Review. 4. International Clinical Nursing Research Congress (Abstract/Oral Presentation) (Publication No: 7971627)
3. KAVALA ARZU, Karadede Huriye, Karadede Özkan (2021). Evaluation of Compliance with Isolation Measures of Healthcare Personnel Working in COVID-19 Wards. International Gazi Health Sciences Congress (Abstract/Oral Presentation) (Publication No: 7567941)

C. Authored national/international books or chapters in books:

C2. Chapters written in national/international books:

1. Complementary and Integrated Health Practices, Chapter name:(Complementary Medicine in Diabetic Patients) (2023)., KAVALA ARZU, Nobel Medical Bookstores, Editor:Gülbeyaz CAN, Edition no:1, Pages 184, ISBN:978-605-335-827-5, Turkish (Scientific Book) (Publication No: 8584070)
2. Dialysis Nursing Multidisciplinary Approach, Chapter name:(Abbreviations, List of Symbols and Dose Definitions, Common Mistakes) (2023)., KAVALA ARZU, Nobel Medical Bookstores, Editor:Adem Sezen, Sadi Kemal Arslan, Mesut Kösem, Edition no:1, Pages 503, ISBN:978-605-335-836-7, Turkish (Scientific Book) (Publication No: 8650092)
3. Complementary and Integrated Health Practices, Chapter name:(Complementary Medicine in Kidney Diseases) (2023)., KAVALA ARZU, Nobel Medical Bookstores, Editor:Gülbeyaz CAN, Edition no:1, Pages 184, ISBN:978-605-335-827-5, Turkish (Scientific Book) (Publication No: 8584046)
4. Vascular Access and Care in Hemodialysis, Chapter name:(Diabetic Patients) (2022)., KAVALA ARZU, Tekin Ozalit Printing and Advertising Industry Foreign Trade Ltd. Co., Editor:Akyol Asiye, Pehlivan Gülseren, Edition no:1, Pages 9, ISBN:978-605-72044-0-0, Turkish (Scientific Book) (Publication No: 7912424)
5. Intensive Care Nursing, Chapter name:(Renal Problems in Intensive Care Patients) (2021). Bülbül Elif, KAVALA ARZU, Türen Selahattin, Nobel Medical Bookstores, Editor:Nuray Enç, Edition no:1, Pages 37, ISBN:978-60605-335-629-5, Turkish (Scientific Book) (Publication No: 7143678)

D. Articles published in national refereed journals :

1. KAVALA ARZU, Şahin Tokathoğlu Tuğba (2023). The Role of Nonpharmacological Methods in the Management of Anxiety and Depression in Individuals Undergoing Hemodialysis Treatment: A Literature Review. Journal of Nephrology Nursing, 18(2), 104-113., Doi: 10.47565/ndthdt.2023.73 (Control No: 8362657)
2. KAVALA ARZU, Yıldırım Dilek (2023). Kidney Cancer and Nursing Management. Journal of Nephrology Nursing, 18(1), 37-44., Doi: 10.47565/ndthdt.2023.66 (Control No: 8209842)
3. KAVALA ARZU, Enç Nuray (2022). The Importance of Nutrition Education and Alternative Methods in Patients with Chronic Renal Failure. Journal of Nephrology Nursing, 17(1), 29-38., Doi: 10.47565/ndthdt.2022.51 (Control No: 7567389)
4. Karadede Özkan, Karadede Huriye, KAVALA ARZU (2021). Evaluation of Compliance with Isolation Precautions of Healthcare Personnel Working in COVID-19 Wards. Turkish Clinics Journal of Nursing Sciences, 13(3), 649-660., Doi: 10.5336/nurses.2020-79237 (Control No: 7149095)
5. Şahin Orak Nuray, Çınar Pakyüz Sezgi, KAVALA ARZU (2017). Scale Development Study: Comfort in Hemodialysis Patients. Turkish Nephrology, Dialysis and Transplantation Nurses Association Journal of Nephrology Nursing, 2(12), 68-77. (Control No: 7569663)
6. KAVALA ARZU, Çınar Pakyüz Sezgi (2010). Can Arteriovenous Fistula Recirculation be Prevented by Changing the Needle Insertion Sites in Hemodialysis Patients? Journal of Nephrology Nursing, 7, 23-30. (Control No: 7569686)

E. Papers presented at national scientific meetings and published in

1. KAVALA ARZU (2023). Psychosocial Approach to Dialysis Patients. 40th National Nephrology and 33rd National Nephrology Nursing Congress (Full Text Publication/Guest Speaker) (Publication No: 8708159)
2. KAVALA ARZU (2023). The Effect of Mobile Education Applications on Chronic Renal Failure Progression. 40th National Nephrology and 33rd National Nephrology Nursing Congress (Abstract/Oral Presentation) (Publication No: 8708180)

Non-academic Experience

01.08.2006-
26.08.2016 **Hemodialysis Nurse** Eczacıbaşı Baxter RTS Transmed Dialysis Center, Hemodialysis Nurse,