

MAY, 2021



## ERKAN IŞIK, PH.D.

### PERSONAL

---

Age: 41      Marital status: Married

### EDUCATION

---

- ψ **Professional Certification** 2016–2019 / Weinheim Institute for Family Therapy, Systemic Supervisor Training. Weinheim / Germany  
Thesis topic: Systemic supervision: A case of a private counseling office
- ψ **Professional Certification** 2008–2012 / Weinheim Institute for Family Therapy, Family Therapist Training. Weinheim / Germany  
Thesis topic: Effects of a systemic group intervention on differentiation of self, anxiety, and well-being
- ψ **Ph.D.** 2006–2010 / Çukurova University, Department of Psychological Counseling and Guidance. Adana / Turkey  
Thesis topic: Effects of a Social Cognitive Career Theory based group intervention on the career decision self-efficacy and vocational outcome expectations of undergraduate students
- ψ **M.A.** 2004–2006 / Selçuk University, Department of Psychological Counseling and Guidance. Konya / Turkey  
Thesis topic: The consistency between self concept and vocational self concept of the teacher candidates
- ψ **Undergraduate** 2002–2004 Selçuk University, Department of Psychological Counseling and Guidance. Konya / Turkey
- ψ **Undergraduate** 1998–2002 Selçuk University, Department of English Language Teaching. Konya / Turkey

### PROFESSIONAL EXPERIENCE

---

- ψ 2020–Present: **Professor** / İstanbul Aydın University, Department of Psychological Counseling & Guidance. İstanbul / Turkey.
- ψ 2020–2021: **Professor** / Cyprus International University, Department of Psychological Counseling & Guidance. Nicosia / Northern Cyprus.

- ψ 2016–2020: **Associate Professor** / Cyprus International University, Department of Psychological Counseling & Guidance. Nicosia / Northern Cyprus.
- ψ 2014–2016: **Associate Professor** / Mevlana University, Department of Psychological Counseling & Guidance. Konya / Turkey.
- ψ 2010–2014: **Assistant Professor** / Mevlana University, Department of Psychological Counseling & Guidance. Konya / Turkey.
- ψ 2005–2010: **Lecturer** / Selçuk University, School of Foreign Languages. Konya / Turkey.
- ψ 2004–2005: **Lecturer** / Adnan Menderes University, Department of Foreign Languages. Aydın / Turkey.

## COUNSELING EXPERIENCE

---

- ψ 2019–2021: **Family therapist** at Damla Günsel Counseling Center in Nicosia. Saw an average of 2-3 couples or families a week.
- ψ 2014–2017: **Family therapist** at Systemic Psychotherapy Institute, Konya office. Saw an average of 3-4 couples or families a week.
- ψ 2013–2016: **Group Leader** of a Systemic-based psychoeducation program as part of an elective undergraduate course (PCG 409 Group Counseling Practice)
- ψ 2013–2014: **Career Exploration Group Leader** of a psychoeducation program as part of an elective undergraduate course (PCG 412 Career Planning)
- ψ 2011–2014: **Group Leader** of a value education program for at-risk adolescents as part of a TÜBİTAK (The Scientific and Technological Research Council of Turkey) 1001 Project (Project Number: 111K417)
- ψ 2010–2014: **Counselor** at Mevlana University Counseling Center. Saw couples and families who applied to University Counselling Center.
- ψ 2008–2011: **Group Leader** of a juvenile offenders' life skill development program as part of a TÜBİTAK (The Scientific and Technological Research Council of Turkey) 1001 Project (Project Number: 108K303)
- ψ 2008–2011: **Family therapist** at Systemic Psychotherapy Institute as functions of Weinheim Family Therapy Institute's supervision requirements. Conducted a total of 200 sessions within three years of time.
- ψ 2008–2010: **Career Planning Group Leader** of a Social Cognitive Career Theory based career intervention program as part of Ph.D. thesis. Led several career planning groups within two years of time.
- ψ 2007–2008: **Family therapist** at Konya Police Department Guidance & Counseling Bureau. Did voluntary family therapy sessions with police officers and their families.
- ψ 2005–2006: **Group leader** as part of a 10 week group guidance program on university students' beliefs about language learning, Selçuk University Foreign Language School.

- ψ 2004–2010: **Counselor** at Selçuk University. Did voluntary individual and group counseling sessions with university students.

## COUNSELING SUPERVISION

---

- ψ 2021–Present: **Supervisor** of 12 practica students in psychological counseling as part of a career counseling course per semester (PCG 366 Career Guidance Practice)
- ψ 2021–Present: **Supervisor** of 8 practica students in psychological counseling as part of their field practice per semester (PCG 418 Field Practice in Psychological Counseling & Guidance)
- ψ 2017–2020: **Supervisor** of 10-15 practica students in psychological counseling as part of an individual counseling practice course per semester (PCG 403 Individual Counseling Practice)
- ψ 2017–2020: **Supervisor** of 10-15 practica students in psychological counseling as part of their school practice per semester (PCG 402 Guidance & Counseling Practice in School)
- ψ 2012–2016: **Supervisor** of 20-30 practica students in psychological counseling as part of a career counseling course per semester (PCG 302 Career Guidance & Counseling Practice)
- ψ 2012–2016: **Supervisor** of 20-30 practica students in psychological counseling as part of a family counseling course per semester (PCG 312 Family Counseling Practice)

3

## THESIS SUPERVISION

---

### Master Thesis

7. Ulubey, E. (2016). *Social cognitive predictors of subjective well-being: A model test.*
6. Özcan, S. (2016). *The effect of perceived social support on career decision self-efficacy among religious vocational high school students.*
5. Yıldırım, A. (2015). *Career indecision among high school students regarding to their perceived social support and chosen field.*
4. Varol, R. (2015). *The Effect of genogram-based counseling on couples' marital adjustment, marital problem-solving, and differentiation of self.*
3. Şenel, A. (2015). *Family effect as the predictor of career decision self-efficacy for girl vocational high school.*
2. Altınay, B. (2015). *Relationship between psychological birth order and career decision self-efficacy among high school students.*
1. Koyuncu, A. (2015). *Anxiety and well-being as the predictors of career decision self-efficacy.*

### Ph.D Thesis

6. Özipek, A. (ongoing). *Development and validation of a brief measure of Gestalt contact styles.*
5. Dokuzlar, Ş. (ongoing). *Differentiation of self and codependency among married adults: Mediating role of emotional expression.*
4. Hocaoğlu, B. (ongoing). *The mediating role of self-construal between differentiation of self and well-being.*
3. İnce, Ş. (ongoing). *Effects of systemic group intervention on the the expression of love and relationship quality among married couples.*
2. Günsel, D. (ongoing). *Differentiation of self and family functioning: Moderating effects of gender, working status, and relationship quality.*
1. Akün, Ç. (ongoing). *Differentiation of self as the predictor of job and marital satisfaction among married adults: Career adaptability and optimism as the mediators.*

### AWARDS

---

- ψ 2020: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Kozan, S., Blustein, D. L., Paciorek, R., Kilbury, E. & **Işık, E.** (2019). A Qualitative Investigation of Beliefs About Work-Related Crises in the United States. *Journal of Counseling Psychology, 66*, 600–612.
- ψ 2019: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Işık, E., Kozan, S., & Negiş-Işık, A. (2019). Cross-Cultural Validation of the Turkish Version of the Decent Work Scale. *Journal of Career Assessment, 27*, 471–489.
- ψ 2019: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Kozan, S., Işık, E., & Blustein, D. L. (2019). Decent Work and Well-Being among Low-Income Turkish Employees: Testing the Psychology of Working Theory. *Journal of Counseling Psychology, 66*, 317–327.
- ψ 2018: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Işık, E., Ulubey, E., & Kozan, S. (2018). An examination of the social cognitive model of well-being in Turkish college students. *Journal of Vocational Behavior, 106*, 11–21.
- ψ 2015: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Işık, E. & Bulduk, S. (2015). Psychometric properties of the Differentiation of Self Inventory-Revised in Turkish adults. *Journal of Marital and Family Therapy, 41*(1), 102-112.
- ψ 2014: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Işık, E. (2014). Effects of a brief interest inventory intervention on career decision self-efficacy. *Australian Journal of Guidance and Counselling, 24*(2), 215-226.
- ψ 2013: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Işık, E. (2013). Perceived social support and locus of control as the predictors of vocational outcome expectations. *Kuram ve Uygulamada Eğitim Bilimleri Dergisi-Educational Sciences: Theory & Practice, 13*(3), 1419-1430

- ψ 2012: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Işık, E. (2012). The relationship of career decision self-efficacy, trait anxiety, and affectivity among undergraduate students. *Psychological Reports, 111*, 805-813.
- ψ 2011: The Scientific and Technological Research Council of Turkey (TÜBİTAK) Researcher in the project entitled Value education for at-risk adolescents. Project Number: 111K417
- ψ 2010: Award for International Scientific Research by The Scientific and Technological Research Council of Turkey / Deniz, M. E., & Işık, E. (2010). Positive and negative affect, life satisfaction and coping with stress by attachment styles in Turkish students. *Psychological Reports, 107*, 480-490.
- ψ 2008: The Scientific and Technological Research Council of Turkey (TÜBİTAK) Scholar in the project entitled Developing life skills of adolescents committed or involved in a crime. Project Number: 108K303

## ACADEMIC INTERESTS

---

- ψ Individual (e.g., self-efficacy, outcome expectations, perceived supports/barriers) and systemic (e.g., differentiation of self, family of origin effects, socioeconomic status) factors affecting individuals' general, professional and marital well-being.
- ψ **Career Counseling:** Career planning in higher education; Qualitative career counseling techniques; Constructivist career counseling; Social Cognitive Career Theory; Career Construction Theory; Psychology of Working Theory
- ψ **Family Therapy:** Family of origin influences; Genogram work; Systemic psychotherapy; Bowenian Theory and Applications
- ψ **Research and Statistics:** Quantitative analysis using SPSS and AMOS; Psychological scale development procedures and the related statistical analyses

## ARTICLES

---

28. Işık, E., Günsel, D. A., & Stratton, P. (2021). Cross-Cultural Validation of the Turkish Version of SCORE-15. *Journal of Family Therapy*. Publication in press. (SSCI)
27. İnce, Ş., & Işık, E. (2021). The mediating role of five love languages between differentiation of self and marital satisfaction. *The American Journal of Family Therapy*. Advanced online publication. <https://doi.org/10.1080/01926187.2021.1930607> (SSCI)
26. Işık, E., Özbiler, Ş., Schweer-Collins, M. L., & Rodríguez-González, M. (2020). Differentiation of self predicts life satisfaction through marital adjustment. *The American Journal of Family Therapy, 48*, 235–249. <https://doi.org/10.1080/01926187.2020.1732248> (SSCI)
25. Kozan, S., Blustein, D. L., Paciorek, R., Kilbury, E. & Işık, E. (2019). A qualitative

- investigation of beliefs about work-related crises in the United States. *Journal of Counseling Psychology*, 66, 600–612. <http://dx.doi.org/10.1037/cou0000343> (SSCI)
24. Kozan, S., **Işık, E.**, & Blustein, D. L. (2019). Decent Work and well-being among low-income Turkish employees: Testing the Psychology of Working Theory. *Journal of Counseling Psychology*, 66, 317–327. <http://dx.doi.org/10.1037/cou0000342> (SSCI)
23. **Işık, E.**, Kozan, S., & Neğiş-Işık, A. (2019). Cross-Cultural Validation of the Turkish Version of the Decent Work Scale. *Journal of Career Assessment*, 27, 471–489. <https://doi.org/10.1177/1069072718763636> (SSCI)
22. **Işık, E.**, Yeğin, F., Koyuncu, S., Karataş-Eser, A., Çömlekçiler, F., & Yıldırım, K. (2018). Validation of the Career Adapt-Abilities Scale-Short Form across different age groups in the Turkish context. *International Journal for Educational and Vocational Guidance*, 18, 297–314. <https://doi.org/10.1007/s10775-018-9362-9> (SSCI)
21. **Işık, E.**, Ulubey, E., & Kozan, S. (2018). An examination of the social cognitive model of well-being in Turkish college students. *Journal of Vocational Behavior*, 106, 11–21. <https://doi.org/10.1016/j.jvb.2017.11.010> (SSCI)
20. Saltalı, N. D., Erbay, F., **Işık, E.**, & İmir, H. M. (2018). Turkish validation of Social Emotional Well-Being and Resilience Scale (PERIK). *International Electronic Journal of Elementary Education*, 10(5), 525–533. <https://doi.org/10.26822/iejee.2018541302> (ERIC)
19. Neğiş Işık, A., **Işık, E.**, & Hamarta, E. (2016). Antecedents of work-family conflict within higher education setting. *Eğitim ve Bilim-Education and Science*, 41, 59–73. <http://dx.doi.org/10.15390/EB.2016.6176> (SSCI)
18. **Işık, E.** & Bulduk, S. (2015). Psychometric properties of the Differentiation of Self Inventory-Revised in Turkish adults. *Journal of Marital and Family Therapy*, 41(1), 102–112. <http://dx.doi.org/10.1111/jmft.12022> (SSCI)
17. **Işık, E.** & Bedel, A. (2015). Relationship of coping strategies to subjective well-being among adolescents. *Selçuk University The Journal of Institute of Social Sciences*, 34, 53–60.
16. Bedel, A. & **Işık, E.** (2015). A comparison of interpersonal problem solving and life satisfaction level between students with single parents and two parents. *Kuramsal Eğitim Bilim Dergisi-Journal of Theoretical Educational Science*, 8(1), 70–85. <http://dx.doi.org/10.5578/keg.7966>
15. **Işık, E.** (2014). Effects of a brief interest inventory intervention on career decision self-efficacy. *Journal of Psychologists and Counsellors in Schools*, 24(2), 215–226. <https://doi.org/10.1017/jgc.2014.13> (SSCI)
14. Bedel, A., **Işık, E.**, & Hamarta, E. (2014). Psychometric Properties of the KIDCOPE in Turkish adolescents. *Eğitim ve Bilim-Education and Science*, 39, 227–235. <http://dx.doi.org/10.15390/EB.2014.3501> (SSCI)
13. **Işık, E.** (2014). Relationship of childhood career development to life satisfaction, and state anxiety. *İlköğretim Online-Elementary Education Online*, 13(2), 682–693.
12. **Işık, E.** (2013). Perceived social support and locus of control as the predictors of vocational outcome expectations. *Kuram ve Uygulamada Eğitim Bilimleri Dergisi-Educational*

11. Deniz, M. E., Özer, E., & Işık, E. (2013). Trait Emotional Intelligence Questionnaire–Short Form: Validity and reliability studies. *Eğitim ve Bilim-Education and Science*, 38, 407–418. (SSCI)
10. Işık, E. (2013). Dysfunctional career beliefs of university students that they think will prevent them from doing their ideal job. *Türkiye Sosyal Araştırmalar Dergisi-Turkish Journal of Social Research*, 17(2), 363–376.
9. Işık, E., Tıraş, Z., & Sürücü, A. (2013). Effect of cognitive behavioral approach-based group guidance on beliefs about language learning. *Mehmet Akif Ersoy Üniversitesi Eğitim Fakültesi Dergisi- Mehmet Akif Ersoy University Journal of Education Faculty*, 26, 63–78. <http://hdl.handle.net/11672/159>
8. Işık, E. (2012). The relationship of career decision self-efficacy, trait anxiety, and affectivity among undergraduate students. *Psychological Reports*, 111, 805–813. <https://doi.org/10.2466/01.09.10.PR0.111.6.805-813> (SSCI)
7. Işık, E., Akbaş, T., Kırdök, O., Avcı, R. & Çakır, İ. (2012). Use of the genogram technique in counseling with Turkish families. *Journal of Family Psychotherapy*, 23, 131–137. <https://doi.org/10.1080/08975353.2012.679903> (PsycINFO, Education Research Complete)
6. Deniz, M. E., & Işık, E. (2010). Positive and negative affect, life satisfaction and coping with stress by attachment styles in Turkish students. *Psychological Reports*, 107, 480–490. <https://doi.org/10.2466/02.09.10.20.PR0.107.5.480-490> (SSCI)
5. Işık, E. (2010). Career decision self-efficacy among Turkish undergraduate students. *Electronic Journal of Research in Educational Psychology*, 8(2), 749–762. (ERIC, PsycINFO)
4. Cenkseven-Önder, F., Kırdök, O., & Işık, E. (2010). High school students' career decision-making pattern across parenting styles and parental attachment levels. *Electronic Journal of Research in Educational Psychology*, 8(1), 263–280. (ERIC, PsycINFO)
3. Işık, E. (2008). Using Genograms in Family and Career Counseling. *Dokuz Eylül Üniversitesi Buca Eğitim Fakültesi Dergisi-Dokuzeyül University Buca Journal of Education Faculty*, 23, 87–97.
2. Işık, E. & İnanç, B. (2008). Comparison of university students with and without allergic rhinitis with regards to their quality of life and anxiety levels. *Dokuz Eylül Üniversitesi Buca Eğitim Fakültesi Dergisi-Dokuzeyül University Buca Journal of Education Faculty*, 23, 115–122.
1. Işık, E., İzgar, H. (2007). Consistency levels of self concept and vocational self concept of the teacher candidates. *Selçuk Üniversitesi Eğitim Fakültesi Dergisi-Selcuk University Journal of Education Faculty*, 24, 277–291.

## BOOKS

---

1. Işık, E. (2015). *A Career Planning Program for Freshmen*. Ankara: Nobel Akademi.
-

## BOOK CHAPTERS

---

1. **Işık, E.** (2021). “Career Counseling Applications for Young Adults” (Ed. K. Öztemel) In *Career Guidance and Counseling with Case Applications*, Ankara: Pegem Akademi.  
**Translations**
2. **Işık, E.** (2015). Sharf, R. S. “Occupations: Information and Theory” (Trans. Ed. F. Bacanlı) In *Applying Career Development Theory to Counseling*, pp. 60–94. Ankara: Pegem Akademi.
1. **Işık, E.** (2013). Worden, M. “Engagement: Establishing Therapeutic Boundaries” and “Assessment: Diagnosis and Systems Models” (Trans. Ed. T. Akbaş) In *Family Therapy Basics*, pp. 41–99. Adana: Nobel.

## PRESENTATIONS

---

### International

21. **Işık, E.** (2019). *Single session therapy in Turkey: Current situation and thoughts for future*. Oral presentation as an invited international speaker at the 3<sup>rd</sup> International Single Session Therapy and Walk-in Services Symposium, Melbourne, Australia.
20. Neğiş Işık, A., **Işık, E.**, Hamarta, E. (2015, October). *Antecedents of work-family conflict within higher education setting*. Paper presented at the International Higher Education Studies Conference, Boğaziçi University, İstanbul, Turkey.
19. **Işık, E.** (2014, April). *Factor Structure and Psychometric Properties of the Differentiation of Self Inventory-Turkish Form for Undergraduate Students*. Paper presented at the International EJER Congress, İstanbul University, İstanbul, Turkey.
18. **Işık, E.** & Bulduk, S. (2014, April). *Subjective well-being, university adjustment, anxiety and depression levels among undergraduate students regarding to their career decision status*. Paper presented at the International EJER Congress, İstanbul University, İstanbul, Turkey.
17. **Işık, E.** (2014, May). *Psychometric properties of Vocational Outcome Expectations Scale in Turkish undergraduate students*. Paper presented at the 3<sup>rd</sup> International Counseling & Education Conference, İstanbul Commerce University, İstanbul, Turkey.
16. Deniz, M. E., Dilmaç, B., Hamarta, E., & **Işık, E.** (2013, May). *The development of a scale to measure values in a sample of at-risk adolescents*. Paper presented at the 2<sup>nd</sup> International Counseling & Education Conference, İstanbul Commerce University, İstanbul, Turkey.
15. **Işık, E.** & Bedel, A. (2013, September). *The Relationship of career indecision to anxiety and life satisfaction in a sample of high school students*. İstanbul 2013 World Congress of Psychological Counselling and Guidance, Boğaziçi University, İstanbul, Turkey.
14. Bedel A. & **Işık, E.** (2013, September). *A Comparison of Interpersonal problem solving and life satisfaction level between students with single parents and two parents*. İstanbul 2013 World Congress of Psychological Counselling and Guidance, Boğaziçi University, İstanbul, Turkey.
13. **Işık, E.** (2012, May). *Effect of interest inventory feedback on career decision self-efficacy among undergraduate students*. Paper presented at 3<sup>rd</sup> World Conference on Psychology, Counseling & Guidance, İzmir, Turkey. Published at *Procedia-Social and Behavioral Sciences*,



84, 1437-1440, 2013 (Web of Science)

12. **Işık, E.** & Bulduk, S. (2012, May). *Initial reliability and validity of the Turkish version of Differentiation of Self Inventory-Revised*. Paper presented at the 1<sup>st</sup> International Counseling & Education Conference, İstanbul Technical University, İstanbul, Turkey.
11. **Işık, E.**, Saygın, Y., & Işık, A. N. (2012, May). *Marital satisfaction and depression in a sample of Turkish women*. Paper presented at the 1<sup>st</sup> International Counseling & Education Conference, İstanbul Technical University, İstanbul, Turkey.
10. **Işık, E.** (2011, November). *Process of Interest Inventory Interpretation with undergraduate students*. Paper presented at the International Journal of Arts & Sciences (IJAS) Conference, Gottenheim, Germany.
9. Saygın, Y., **Işık, E.**, & Işık, A. N. (2010, April). *Marriage satisfaction and depression levels among working and non-working women*. Paper presented at the 3<sup>rd</sup> International Women's Symposium on Literature, Language, Culture and Art Studies, Selçuk University, Konya, Turkey.
8. **Işık, E.** (2010, July). *A social cognitive career theory based intervention model for freshmen*. Paper presented at the 27<sup>th</sup> International Congress of Applied Psychology, Melbourne Convention and Exhibition Centre, Melbourne, Australia
7. **Işık, E.** (2010, July). *A psychometric evaluation of career decision self-efficacy scale-short form with Turkish undergraduates*. Paper presented at the 27<sup>th</sup> International Congress of Applied Psychology, Melbourne Convention and Exhibition Centre, Melbourne, Australia.
6. **Işık, E.** (2010, July). *Vocational outcome expectations of undergraduate students*. Paper presented at the 2<sup>nd</sup> International Conference on Education, Economy and Society, Paris, France.
5. **Işık, E.** (2009, March). *Investigating the career decision self-efficacy of Turkish undergraduate students*. Paper presented at the International Conference of Psychology & Education, University of Beira Interior, Covilha, Portugal.
4. **Işık, E.** (2009, March). *Examining the family influences on career choices*. Paper presented at the International Conference of Psychology & Education, University of Beira Interior, Covilha, Portugal.
3. Akbaş, T., **Işık, E.**, Kırđök, O., Avcı, R., Çakır, İ. (2008, April). *Using genograms in family counseling: Experiences from within a family counseling doctoral course*. Paper presented at International Congress of Counseling, Bahçeşehir University, İstanbul, Turkey.
2. Cenkseven, F., Kırđök, O., **Işık, E.** (2008, April). *Investigating career decisions of high school students regarding to their parenting and parent attachment styles*. Paper presented at International Congress of Counseling, Bahçeşehir University, İstanbul, Turkey.
1. Işık, A. N., **Işık, E.** (2008, October). *Preservice teachers' sense of efficacy and beliefs on classroom management*. Paper presented at 11<sup>th</sup> International Conference on Further Education in the Balkan Countries, Selçuk University, Konya, Turkey.

#### National

18. **Işık, E.**, & Özbiler, Ş. (2019, October). *Differentiation of self predicts life satisfaction through marital adjustment*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Antalya.

17. **Işık, E.**, Deniz, M. E., & Ulubey, E. (2015, October). *Trait emotional intelligence as the predictor of career decision self-efficacy*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Mersin University, Mersin.
16. Ülker, A. & **Işık, E.** (2015, October). *Family influence as the predictor of career decision self-efficacy among girls' vocational high school students*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Mersin University, Mersin.
15. **Işık, E.**, Cartilli, K., & Özcan, S. (2015, October). *The role of social support in adults' differentiation of self level*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Mersin University, Mersin.
14. Baltacı, U. B., Demirci, A., & **Işık, E.** (2015, October). *Career decision-making difficulties as the predictor of academic procrastination*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Mersin University, Mersin.
13. Kutlu, A., Apaydın, B., Dayanır, M. E., & **Işık, E.** (2015, October). *Relationship of parental attitudes to career development among secondary school students*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Mersin University, Mersin.
12. **Işık, E.** (2014, December). A systemic psycho-education model for working with family of origin issues. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Antalya.
11. **Işık, E.**, Akbaş, T., Özyürek, R. (2012, December). *Effects of a social cognitive career theory-based group intervention on career decision self efficacy and vocational outcome expectations among undergraduate students*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Ankara.
10. Deniz, M.E., Hamarta, E., Arslan, C., & **Işık, E.** (2010, December). *A juvenile offenders' life skill development program*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Hacettepe University, Ankara.
9. **Işık, E.** (2010, October). A career group intervention sample for undergraduate students. Paper presented at the annual symposium of Psychological Counseling & Guidance at Universities, Mersin University, Mersin.
8. **Işık, E.** (2009, October). *The relationships of vocational outcome expectation to social support and locus of control among undergraduate students*. Paper presented at the annual Congress of Educational Sciences, Ege University, İzmir.
7. **Işık, E.** (2009, October). *Undergraduates students' dysfunctional career thoughts preventing them engage in career exploration*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Çukurova University, Adana.
6. Özyürek, R., **Işık, E.**, Anar, B., & Örkün, Ü. (2009, October). *Reliability and validity studies of Children's Activities Inventory*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Çukurova University, Adana.
5. Özyürek, R., Anar, B., Örkün, Ü., & **Işık, E.** (2009, October). *Reliability and validity studies of Turkish Employment Organisation Interest Inventory*. Paper presented at the annual meeting

of the Turkish Psychological Counseling & Guidance Association, Çukurova University, Adana.

4. **Işık, E.**, Traş, Z. S., Sürücü, A. (2008, June). *The effects of group guidance on beliefs about language learning (sample of university foreign language preparatory classes)*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Selçuk University, Konya.
3. **Işık, E.** (2007, September). *Perceptions and expectations of the university students from the career counseling services given at their university*. Paper presented at the annual Congress of Educational Sciences, Gaziosmanpaşa University, Tokat.
2. **Işık, E.** (2007, October). *Using genograms in family and career counseling*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Dokuz Eylül University, İzmir.
1. **Işık, E.** (2007, October). *Comparison of university students with and without allergic rhinitis with regards to their quality of life and anxiety levels*. Paper presented at the annual meeting of the Turkish Psychological Counseling & Guidance Association, Dokuz Eylül University, İzmir.

## ACADEMIC ACTIVITIES

---

11

### Research Projects

- ψ Government of Alberta, Ministry of Advanced Education, Internationalization at Home Project. (December 2020-April 2021). *Universal and Cultural Factors in Canadian and Turkish Family Health and Distress*
- ψ TÜBİTAK (The Scientific and Technological Research Council of Turkey) 1001 (October 2008-June 2011). Developing life skills of adolescents committed or involved in a crime. Project Number: 108K303
- ψ TÜBİTAK (The Scientific and Technological Research Council of Turkey) 1001 (April 2011-April 2014). Value education for at-risk adolescents. Project Number: 111K417

### Reviewer

- ψ *Current Psychology*
- ψ *Psychological Reports*
- ψ *International Journal for Educational and Vocational Guidance*
- ψ *Perceptual & Motor Skills*
- ψ *Education & Science*
- ψ *Contemporary Family Therapy*
- ψ *Elementary Education Online*
- ψ *Turkish Journal of Social Research*
- ψ *The Journal of Happiness & Well-Being*

### **Editorial Board**

- ψ *The Journal of Career Counseling*
- ψ *The Journal of Family Counseling*

### **COURSES TAUGHT**

---

#### **Undergraduate**

- ψ Physiological Psychology
- ψ Guidance
- ψ Guidance and Psychological Counseling
- ψ Statistics
- ψ Scientific Research Methods
- ψ Human Relationships and Communication
- ψ Vocational Guidance and Counseling
- ψ Vocational Guidance and Counseling Applications
- ψ Family Counseling
- ψ Family Counseling Applications
- ψ Guidance and Psychological Counseling Seminar
- ψ Theories of Personality
- ψ Contemporary Approaches and Models in Counseling Psychology

#### **Master**

- ψ Career Counseling
- ψ Theories of Family Counseling

#### **Ph.D.**

- ψ Research in Career Counseling
- ψ Family Therapy

### **PROFESSIONAL CERTIFICATION**

---

- ψ Family Therapist – Weinheim Family Therapy Institute, Germany
- ψ Supervisor – Weinheim Family Therapy Institute, Germany

### **PROFESSIONAL AFFILIATIONS**

---

- ψ Member of Turkish Psychological Counseling and Guidance Association
- ψ Member of Systemic Psychotherapy Institute
- ψ Member of Weinheim Family Therapy Institute

### **HOBBIES**

---

- ψ Swimming, walking, playing basketball, travelling.